## Girls Squash and Skills

ORGANIZED BY VIRGINIA SQUASH ASSOCIATION

Are you interested in learning how to play or progress in squash? Come out and join us for free! Racquets and eyewear provided, we just need YOU!

Ages 10-18

Spend an hour with our squash coaches and students, and get some exercise! We will follow the exercise with snacks and ½ hour of academic support on any subject you want. Bring your homework, we will help!





Contact for more information and details:

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